Suggested BP Measurement Algorithm

Self measurement of blood pressure (BP) by the patient upon arrival using the TM-2655P Automatic Blood Presure Monitor.

Is BP elevated according to current BHS/NICE targets?

YES → Recheck BP using Clinically Validated Device, such as UA-767 Plus 30 or a Clinically Validated Manual Device such as the UM-101

NO → Continue to monitor at regular intervals as per current guidelines

Is BP still elevated according to current targets?

NO → Continue to monitor at regular intervals as per current guidelines

YES → Monitor the patient's BP using a Clinically Validated 24-hour ABPM such as the ABPM-04, ABPM-05 or TM-2430 to eliminate potential "White Coat Hypertension

Is "White Coat Hypertension" present and/or BP within current guidelines?

YES → Continue to monitor at regular intervals as per current guidelines

NO → If ABPM results show persistently elevated BP compared to current BHS/NICE guidelines, the patient may require lifestyle changes → Continue to monitor at regular intervals as per current guidelines

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Tel: 01628 773244 Fax: 01628 770562 E-mail: sales@pmsinstruments.co.uk
www.pmsinstruments.co.uk